

A) CITY NOISE

One of you blindfolds yourself and lets the others guide you.

Pay attention to what you hear. Concentrate quietly and let the others set the tempo. Can you distinguish the sounds, or is it more like a single carpet of sound?

If you don't know the sources of the sounds, if you can't describe in words what it is that you hear, how would you describe what it sounds like and how it makes you feel?

Dictate words for your colleagues to write down. Use words like

dense

fine

strong

bumpy

melodious

rhythmic

loud

unpleasant

sweet

...and so on. Use as wide a range of adjectives as possible that fit the sounds associatively. The more imaginative, the more individual, the better.

Use the map and note down where which terms were mentioned! (Numbering system, if necessary with directions from which the sound was heard).

B) GAZE COMPASS

In your group you distribute directions:

1. above

2. down

3. backwards

4. left and 5. right

6. forward

(in this order and weighting, depending on how many of you there are)

(Maybe one of you can control, lead, watch).

Hold on to a common string, you are the cardinal points on the compass, the compass must always stay together.

(Variation: Form teams of two, one looks in one of the directions mentioned above, the other notes on a sheet of paper what the one describes).

Walk slowly down a street together and talk about what you see. Decide together in which direction to continue.

Take photos to document many details that you notice.

Also use the map and make notes on the appropriate places! (Write a number on the map wherever a photo was taken. The photos will also be numbered later).

C) FELT HOME

Form teams of two, one blindfolded and guided.

Let yourself be guided to objects like house walls or tree trunks and feel how the surface feels. Describe, but try to find comparisons, as if they were corners in a flat:

Does it feel like:
a wallpaper
a curtain
a kitchen box
the edge of a bed
a coat rack
a...

Use Post-It or masking tape to label the respective place and take a photo showing the surface and the label. In this way we put together a fictitious flat.

Use the map and note down where which photos were taken! (For example, with the help of a numbering system, and you also number the photos later when they are downloaded).

D) TRACKING DOGS

One of you blindfolds yourselves and lets the others lead you. Maybe it helps to cover your ears as well. The guides must then be very attentive and careful.

Pay attention to what you smell. Concentrate, take your time, you set the pace. What do you smell?

Try to take a path that you find pleasant from the smell. Can you define a territory where you like to be because it smells pleasant? How big is this territory?

Cover the territory with tape or string, mark it with chalk, or stake it out with marker sticks.

Take photos to document your territory.

(Variation: You change roles and then compare how your territories overlap).

Use the map and draw the territories! (With the help of a numbering system, you can later locate the photos taken on the map).